Jan 25, 2023

Individual Self-Assessment

This bootcamp has not been the easiest but also not impossible. I learned a lot through out the modules, the help from instructors has been amazing and also classmates. The support from home has been incredible, balancing life, work, family, and late night studying sessions has been tough. Knowing the wide opportunities to make use of all this new material is a great feeling. Thankful for this opportunity. Looking forward to what the future has to offer.

Team Assessment

Each individual did an outstanding job, enjoyed working with others.

Death was our final project topic that was presented tonight in class. Top 10 causes of death, heart disease and cancer taking the first two spots of them all. Presenting the rates throughout all 50 states, and population. One of the things I have learned from this project is coming across the readings the part of our daily intake, and how it affects our body. How the items we eat so much of it (sugars) , can affect our bodies and lead to these disease’s.